

Spaced Repetition Revision Planner

Write the date you learned a topic, then fill in each review date

Name: _____ Class: _____ Month / Term: _____

Suggested gaps: same day, +1 day, +3 days, +7 days, +14 days. These are a starting point, not a rule. If you forgot something, review it sooner. If it felt easy, stretch the gap. Tick the box once you have done the review.

Topic / Chapter	Date learned	Review 1 Same day	Review 2 After 1 day	Review 3 After 3 days	Review 4 After 7 days	Review 5 After 14 days
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What to do at each review: 1 Recall key ideas 2 Answer questions without notes 3 Solve practice questions 4 Short self-test 5 Check long-term retention