

Active Recall Practice Worksheet

Test what you really know instead of rereading

Name: _____ Class: _____ Subject: _____ Date: _____

How it works: read a small section, close the book, then write or explain everything you remember. Only then reopen the book and check. Use one sheet per topic.

Chapter / Topic: _____

Step 1: Read a small section carefully (about 5 minutes)

Tick when done: ☐

Step 2: Close the book. Write everything you remember.

Step 3: Reopen the book and check

What I missed

What I got wrong

Turn headings into questions

Heading in the chapter	Question I will answer from memory

How confident am I now?

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

1 = not sure, 5 = I can teach it