

# Student Exam Readiness Checklist

Allow students and parents to track exam preparation together — one page covers the full run-up to exam day.

Student's  
name: \_\_\_\_\_

Exam /  
Subject: \_\_\_\_\_

Exam  
date: \_\_\_\_\_

Preparation Task	Done
Subjects revised	<input type="checkbox"/>
Practice papers completed	<input type="checkbox"/>
Doubts cleared	<input type="checkbox"/>
Exam bag checklist	<input type="checkbox"/>

Daily Tracker	D1	D2	D3	D4	D5	D6	D7
Sleep tracker (7+ hrs)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Water intake (8+ glasses)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Confidence Rating
★ ★ ★ ★ ★
Circle one star per day as exam day approaches

## Notes / Doubts to Clear Before Exam Day