

Positive Discipline Practice Scenarios

Read each situation and choose the most appropriate response.

Exercises

Scenario 1

Your child refuses to put away toys.

What calm response would you choose?

Scenario 2

Your child lies about homework.

How would you separate the behaviour from the mistake?

Scenario 3

Two siblings are arguing.

How can you help them solve the problem together?

Scenario 4

Your child ignores a household rule repeatedly.

What natural consequence would fit?

Reflection

Write one new discipline strategy you will use this week.

Answer Guide

Expected responses should demonstrate:

- Calm communication
- Clear expectations
- Logical or natural consequences
- Respectful problem-solving
- Encouraging responsibility rather than punishment