

# ■ BOARD EXAM STUDY PLANNER

Your complete organiser for stress-free exam preparation

## STUDENT INFORMATION

Full Name

\_\_\_\_\_

Class / Grade

\_\_\_\_\_

School Name

\_\_\_\_\_

Roll Number

\_\_\_\_\_

Exam Board

\_\_\_\_\_

Academic Year

\_\_\_\_\_

Exam Start Date

\_\_\_\_\_

Target Score / Percentage

\_\_\_\_\_

## How to use this planner

- Print this planner and keep it on your study desk.
- Fill in Monthly Goals at the start of each month.
- Update the Weekly Calendar every Sunday evening.
- Log each study session in the Daily Study Log.
- Record mock test scores in the Progress Tracker.
- Write reflections at the end of each week.

# MONTHLY PLANNING SHEET

Month \_\_\_\_\_ Year \_\_\_\_\_ Overall Monthly Goal \_\_\_\_\_

## Monthly Subject Goals

Subject	Chapters to Cover	Chapters to Revise	Practice Papers	Status
Mathematics				■ Done ■ Partial ■ Pending
Science				■ Done ■ Partial ■ Pending
Social Science				■ Done ■ Partial ■ Pending
English / Language				■ Done ■ Partial ■ Pending
Hindi / Second Language				■ Done ■ Partial ■ Pending
Optional / Additional Subject				■ Done ■ Partial ■ Pending

## Key Milestones This Month

#	Milestone / Target	Target Date	Achieved ■

## Monthly Reflection (to be filled at month end)

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



# ■ DAILY STUDY LOG

Use one block per study day. Fill in each session as you complete it.

■ Monday | Date: \_\_\_\_\_

Start	End	Subject	Topic Studied	Pages / Questions	Rating ★

Mood / Energy: ■ High ■ Medium ■ Low

Hours Studied: \_\_\_\_\_

Completed targets? ■ Yes ■ No ■ Partial

■ Tuesday | Date: \_\_\_\_\_

Start	End	Subject	Topic Studied	Pages / Questions	Rating ★

Mood / Energy: ■ High ■ Medium ■ Low

Hours Studied: \_\_\_\_\_

Completed targets? ■ Yes ■ No ■ Partial

■ Wednesday | Date: \_\_\_\_\_

Start	End	Subject	Topic Studied	Pages / Questions	Rating ★

Mood / Energy: ■ High ■ Medium ■ Low

Hours Studied: \_\_\_\_\_

Completed targets? ■ Yes ■ No ■ Partial

■ Thursday | Date: \_\_\_\_\_

Start	End	Subject	Topic Studied	Pages / Questions	Rating ★

Mood / Energy: ■ High ■ Medium ■ Low

Hours Studied: \_\_\_\_\_

Completed targets? ■ Yes ■ No ■ Partial

■ Friday | Date: \_\_\_\_\_

Start	End	Subject	Topic Studied	Pages / Questions	Rating ★

Mood / Energy: ■ High ■ Medium ■ Low

Hours Studied: \_\_\_\_\_

Completed targets? ■ Yes ■ No ■ Partial

■ Saturday | Date: \_\_\_\_\_

Start	End	Subject	Topic Studied	Pages / Questions	Rating ★

Mood / Energy: ■ High ■ Medium ■ Low

Hours Studied: \_\_\_\_\_

Completed targets? ■ Yes ■ No ■ Partial

■ Sunday | Date: \_\_\_\_\_

Start	End	Subject	Topic Studied	Pages / Questions	Rating ★

Mood / Energy: ■ High ■ Medium ■ Low

Hours Studied: \_\_\_\_\_

Completed targets? ■ Yes ■ No ■ Partial







# ■ WEEKLY REFLECTION JOURNAL

Complete this section every Sunday. Honest reflection helps you grow faster.

**Week of:**

\_\_\_\_\_

**What went well this week?**

1. \_\_\_\_\_
2. \_\_\_\_\_

**What was challenging?**

1. \_\_\_\_\_
2. \_\_\_\_\_

**What will I do differently next week?**

1. \_\_\_\_\_
2. \_\_\_\_\_

**Topics I am most confident about:**

1. \_\_\_\_\_
2. \_\_\_\_\_

**Topics that still need more attention:**

1. \_\_\_\_\_
2. \_\_\_\_\_

**My mood and stress level this week (circle): ■ Great | ■ Okay | ■ Tough**

1. \_\_\_\_\_
2. \_\_\_\_\_

**One thing I am proud of this week:**

1. \_\_\_\_\_
2. \_\_\_\_\_

**My goal for next week:**

1. \_\_\_\_\_
2. \_\_\_\_\_

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*Remember: every small step forward counts. You are making progress. Keep going! ■*